Allergy Advice

Allergies and special dietary requirements are taken very seriously at Yamas. We work closely with our suppliers and monitor ingredients to ensure that our information is correct and customers with allergies feel reassured that we will look after their your properly. We therefore ask you inform us before ordering of any special dietary requirements that you may have.

Our recipe information is frequently updated so please check each time you order to ensure that you have the most up to date recipes. Whilst every care is taken with your meal, we cannot guarantee a 100% allergen free environment, nor can we guarantee against the processes used by our Suppliers or products which may be produced in an environment with other allergens.

* may contain traces of allergen

	Gluten (inc wheat)	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Nuts	Celery	Mustard	Sesame	Sulphur dioxide	Lupin	Molluscs	*Onions*	*Wine*	*Garlic*
Meal Boxes																	
Falafel Box			✓		*			*			*				✓		✓
Chicken gyros						✓	✓			✓		✓			✓		
Pork Gyros Box						✓	✓			✓		✓			✓		
Grilled Halloumi Box							✓										
boxes include																	
Salad												✓			✓		
Chips																	
Pitta Bread	✓																
Tzatziki							✓					✓					✓
Houmous					*			*			✓	✓					✓
Tirokafteri	✓						✓					✓			✓		
Taramosalata	✓			✓		✓						✓			✓		

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Greek Gyros Wraps																	
Pork Gyros	✓					✓	✓			✓		✓			✓		
Chicken Gyros	✓					✓	✓			✓		✓			✓		
Grilled Halloumi Wrap	✓																
Falafel Wrap	✓		✓		*			*			✓	✓			✓		✓
Vegan Gyros	✓				*			*			✓	✓					✓

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Desserts																	
Baklava	✓		*		*	✓	*	✓			*	✓					
Kourabies	✓		*		*		✓	✓			*						
Kourabies	✓		*		✓		*	*			*						
Churros	✓		✓														
served with Nutella					*	✓	✓	✓									